The 7 Habits of Highly Effective Teens
by Sean Covey

Summer Reading Questions
2014-2015

The purpose of assigning this book as a summer reading assignment is to help you develop habits and practices that will enable you to be more successful at CBGS, as well as your home high school. Please take the time to read this book and to reflect on the 7 habits and how they will assist you on your exciting journey!

Questions:

1. Refer to the 7 Habits on pages 5 and 6. Give an example of a time in the past year that you applied each of these habits in a situation. (You should have seven responses, one for each habit.)

2. On page 7, there is a list of habits of defective teens. Have you ever been a defective teen? _____yes _____no (No explanation required.)

3. In your opinion which habit of a defective teen is the most serious and why?

4. Which of the 7 Habits is the one that you struggle with the most? Explain how and why this particular habit is difficult for you. What could you do to improve in this area? 

5. List four principles that you value in yourself and others. Explain why you selected these four principles.