Walkerton & Kiptopeke, CBGS Juniors 2014

September 6 - 7: Glenns

September 7 - 8: Bowling Green

September 13 - 14: Warsaw (Essex, Colonial Beach, Westmoreland)

September 14 - 15: Warsaw (Lancaster, Northumberland, Richmond)

Leave: 8:00 am Saturday/Sunday (trip dependent)

Return: 5:30-7:30 Sunday/Monday (trip and CBGS site dependent)

Cost: \$80 per student (checks payable to "CBGS")

(This will cover the cost of your transportation, lodging, and meals, *except for* a possible trip to a fast-food joint on the way home. You may want money for ice cream, souvenirs, etc. For financial assistance, please speak with M & E Teacher.)

Leave this number with folks/family: Kiptopeke State Park office: (757) 331-2267

Purpose

1 st Day (Sat or Sun)	2 nd Day (Sun or Mon)	
8:00 Depart CBGS site	6:30 Wake up and eat breakfast	
9:00-11:00 Study the ecosystem of	and make your lunch	
freshwater marsh at Walkerton, VA	8:00-2:00 Kayak adventure in the saltwater marsh of	
11:00 Drive to Kiptopeke/ visit Bay	Kiptopeke	
Bridge Tunnel/ Eat lunch	2:00 Rinse off at Kiptopeke.	
2:30 Check in at Kiptopeke	3:00 Return Home 5:30-7:30 Approximate return time (dependent upon site and possible dinner stop)	
3:00 Tour of Kiptopeke State Park/ seining, beach combing, and study of fouling communities		
6:00 Dinner		
7:00 Free time (organized)		
9:00 Analyze collected data on freshwater marshes (Learn GIS programming)		

We	11:00 G'night! Stay! Sleep!	aim	to
have.		J	fun

playing on the beach, kayaking, mucking in the mud, and swimming in Chesapeake Bay, but we also go as students of marine and environmental science. Our goal is to understand and appreciate the natural biodiversity and ecological importance of some of the Mid-Atlantic coast's most pristine habitats: freshwater marshes, saltmarshes, seagrass meadows, sandy shores, barrier islands, coastal lagoons, mudflats, maritime forests, etc.



What to wear & bring on Saturday or Sunday for Walkerton Marsh Mucking:

- Eat a good breakfast! You'll need those carbs!
- o Pack a lunch, with drink(s) and maybe a few road snacks.
- You <u>WILL</u> get muddy and wet!!! Wear old shorts, old T-shirt, and old sneakers that you don't much care about. The socks you wear will never again be white, not even with All-Temperature Cheer. Even if the forecast is for warm weather, bring along an old sweatshirt. But do <u>NOT</u> wear long pants (you'll be sorry)! Also, do <u>NOT</u> wear flip flops, sandals, or the like ...wear <u>SHOES</u>. After leaving the marsh, you <u>WILL</u> want to wade into the water at the beach in order to clean off, so you may want to wear a swimsuit beneath your clothes.
- It MAY rain...we will already be wearing clothes to get wet and muddy in, but you
 may want some sort of rain jacket.
- Bring sunscreen-you will thank us when you are older

- Near the top of your suitcase or better yet, in your backpack have a towel, a sweatshirt, a dry change of clothes, a plastic (garbage bag) for stowing wet clothes, and some flip-flops, sandals, or dry shoes to wear on the way to Kiptopeke.
- Optional:, waterproof camera, & bugspray (although nothing less than steel armor is going to deter those greenhead flies...)
- Bring your FIELD NOTEBOOK and PENCIL!!! (And a sense of humor)

Kayaking on Sunday/Monday

- We will be kayaking out to the marsh. Our CBGS kayaks are two-person, siton-top ocean kayaks (not cockpit style) ...very stable and very safe. We will stay close to the shoreline and all students will wear life jackets.
- You will need the exact same gear as the marsh mucking list, please be prepared to get wet, these are sit-on-top kayaks

